



Development of a didactic system for remote physical training of police employees

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Introduction. Currently, distance learning is actively developing in educational organizations of the Russian Ministry of Internal Affairs system. This is due to the need to implement a correspondence form of professional training for female employees with preschool children; employees serving in the Far North; employees who previously served in state paramilitary organizations. Physical training as an academic discipline is also included in the professional training program for employees [2]. However, at present there is no educational and methodological support for physical training in the distance learning format.

Purpose of the research – development of a didactic system that allows organizing and conducting distance physical training for employees of internal affairs bodies in correspondence courses.

Research methodology and organization. The study was conducted in 2021-2023. on the basis of the Tyumen Institute for Advanced Training of Employees of the Ministry of Internal Affairs of the Russian Federation. The study used scientific methods: analysis and generalization of distance educational technologies [1]. The means and methods of developing skills in wrestling techniques and developing physical qualities were also studied.

Results and its discussion. In 2023, based on the results of research work, an electronic textbook “Physical training of police officers of the Russian Federation” was prepared. Users of this electronic manual have the opportunity to study combat techniques, develop physical qualities, model an independent training program, and monitor their achievements remotely, but in interactive communication with a teacher. Heads of structural units also have the opportunity to control the physical training of their subordinates.

The manual was tested in the process of implementing training programs for professional training of employees of internal affairs bodies studying by correspondence. Currently, more than 80 people from more than 40 regions of our country visit the benefit website daily. The manual was reviewed at a meeting of the educational and methodological section on additional professional programs - advanced training programs, professional retraining programs at the All-Russian Institute for Advanced Training of Employees of the Ministry of Internal Affairs of the Russian Federation and recommended for use in universities of the Ministry of Internal Affairs of Russia.

Conclusion. The developed electronic textbook allows you to organize the educational process of distance physical training for employees of internal affairs bodies studying by correspondence. The electronic format for structuring system elements allows you to flexibly respond to changes in the general system of professional education of employees and generate various pedagogical technologies. The developed didactic system is nonlinear, open and capable of self-development.

References

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